



City of Portland AFSCME 189





HRA Overview

Tax-free money for out-of-pocket healthcare costs

What is the HRA VEBA Plan?

Health Reimbursement Arrangement

**Tax-free money
for out-of-pocket
medical costs**

Can be used for spouse
and dependents, too

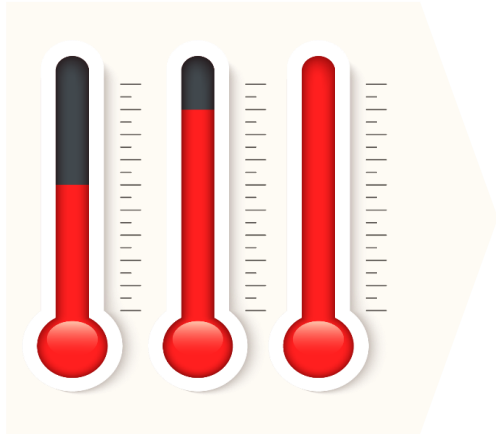
Eligibility and funding sources vary by
employer and by employee group

No individual choice (IRS rule)

Group decision—all employees defined as
eligible must participate

Plan administrative fees are \$1.50 (if claims-eligible) per month, plus an annualized asset-based fee of about 1.00%. The monthly fee is waived if your account balance is more than \$5,000. In addition, a 0.25% asset-based fee discount applies to any portion of your account balance in excess of \$10,000.

The Need- Rising Healthcare Costs



- *2025 Fidelity Retiree Health Care Cost Estimate for retired couple at age 65
- Estimate includes expenses associated with Medicare Part B and D premiums, prescription drug out-of-pocket expense, and Medicare cost-sharing provisions: copayments, coinsurance, deductibles, and excluded benefits.
- Does not include other health-related expenses, such as over-the-counter medications, most dental services, and long-term care.
- **Spending on health care is projected to increase 5.6% annually through 2032

*<https://institutional.fidelity.com/app/literature/item/907163.html>

**Centers for Medicare and Medicaid Studies, National Health Expenditures Projections, 2023–2032.

Potential Funding/Impact to Pay

Hourly Wage	Annual Wage	Annual Contribution 1%	Monthly Contribution 1%	Annual Contribution 2%	Monthly Contribution 2%
\$26.68	\$55,594.40	\$555.94	\$46.32	\$1,111.88	\$92.65
\$35.00	\$72,800.00	\$728.00	\$60.66	\$1,456	\$121.33
\$40.00	\$83,200.00	\$832.00	\$69.33	\$1,664.00	\$138.66
\$50.00	\$104,000.00	\$1,040.00	\$86.66	\$2,080.00	\$173.33
\$75.88	\$157,830.40	\$1,578.30	\$131.52	\$3,156.60	\$263.05

To calculate a different wage amount

- Annual wage x 0.01 = Annual contribution total
- Annual contribution total / 12 = monthly contribution amount

To calculate contribution amount per paycheck

- Annual contribution amount / 26 (number of pay periods)

Note: amount of taxable income reduced by annual contribution amount

Key Benefits

**Tax Free—
better than tax deferred**

It's all yours!



Exempt from:

- **FICA taxes** (7.65%)
- **Federal income tax** (25%)
- **State tax** - Oregon & Idaho

**Choose
Your Investments**

**Are you comfortable
making your own
investment decisions?**

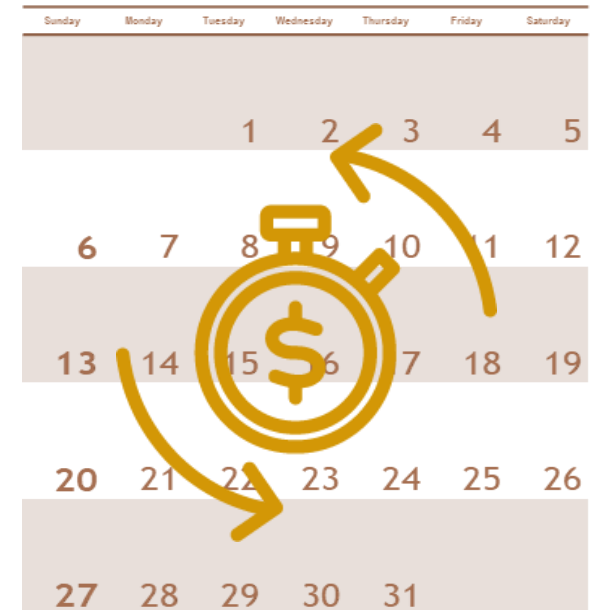
No.

Option A:
Choose a Pre-Mix

Yes.

Option B:
Do It Yourself

No “use or lose”



Common Medical Care Expenses



Deductibles



Copays



Prescription drugs



Vision



Dental/Orthodontia



Retiree medical premiums*

Internal Revenue Code § 213(d) defines qualified expenses, in part, as “medical care” amounts paid for insurance or “for the diagnosis, cure, mitigation, treatment, or prevention of disease, or for the purpose of affecting any structure or function of the body...” Expenses solely for cosmetic reasons generally are not considered expenses for medical care (e.g. facelifts, hair transplants, hair removal (electrolysis). Expenses that are merely beneficial to your general health, such as gym memberships, are not medical care expenses.

*Before and after age 65. Includes medical, dental, vision, COBRA, Medicare supplement, Medicare Part B and Part D, and qualified long-term care insurance premiums. Premiums deducted pre-tax by an employer through a Section 125 cafeteria plan are not eligible for reimbursement.

Using Your HRA



Online Access

Claims
Submit and track

Direct deposit
sign up / update

Request a Benefits Card

Send secure messages
and attachments to
Customer Care Center

go

Mobile App HRAgo®

Submit and track your
claims

Snap pics of
supporting documents and
submit online

Check your balance, view
investments, update
contact information



Benefits Card (debit card)

Instantly pay for
medical care items
and services directly
from your HRA

Auto-substantiation
of most copays and
prescriptions

Save your supporting
documents



Automatic Premium Reimbursement (APR)

Automatic reimbursement
of qualified premiums

Direct deposit from
your HRA to bank

No direct payments
to insurance
companies or providers

Set up online or
submit paper form

Why participate?

- Best possible tax advantage
- Utilize for out-of-pocket medical, vision, and dental expenses while working
- Improve financial wellbeing
- Save for retirement and plan for medical premiums and other costs
- Ease of use
- Unused funds pass on to a beneficiary upon participant's death



“Gold Standard” Service

Industry’s best HRA administration and support

- 98% claims processed within three business days
- 99% contributions processed within one business day
- Award-winning customer care based in Spokane, Washington
 - Participant and employer/plan sponsor support
 - 99% first-call resolution
 - 95% calls answered in under 30 seconds

1-888-659-8828

Monday – Friday
8:00 a.m. to 5:00 p.m.



"Walked me through the steps in real time!"

"Friendly, knew information immediately."

"The representative was amazing and solved my problem much faster than expected!"

"Nothing but great things to say about my call."

"Always pleasant, professional, and knowledgeable. Communication is exemplary."



Satisfaction Survey Results

“Excellent” or “Very Good” Overall Ratings

Telephone
Service

93%

Claims
Processing

91%

Online
Participant
Portal

91%

Consulting
Services

99%

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Investment Lineup

Participant-directed options

Investment Options

Option A:

Choose a Pre-Mix

- Single, custom portfolio
- Mix of stocks and bonds
- Professionally managed



Option B:

Do It Yourself

- For those who understand investing
- Choose one or more funds
- Automatic rebalancing available (quarterly or annually)

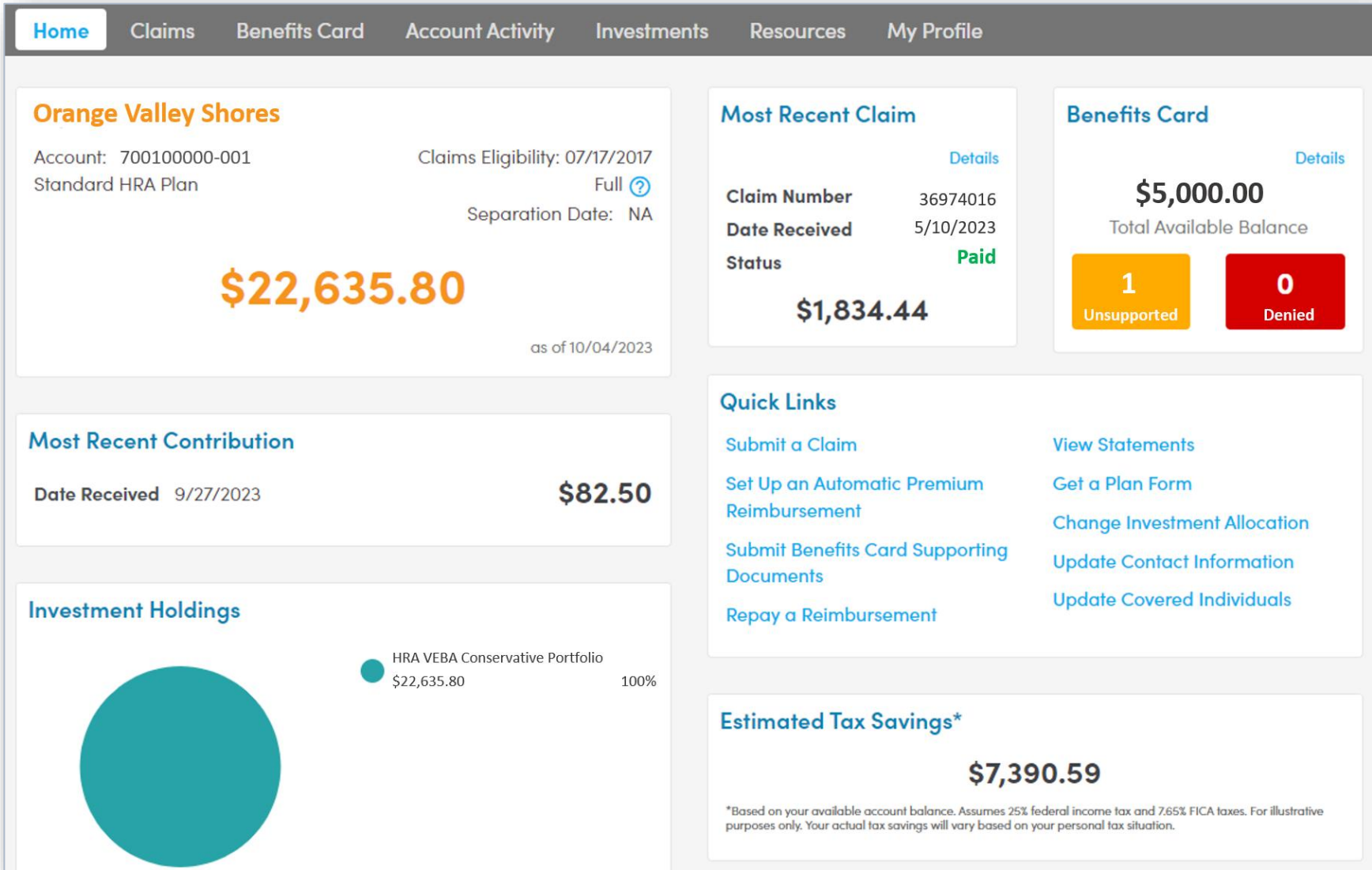
Default Investment: 100% HRA VEBA Conservative Portfolio

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Digital Services

HRA management and utilization easier than ever

Online Dashboard



Most Recent Contribution

Date Received 9/27/2023

\$82.50

Quick Links

Submit a Claim

Set Up an Automatic Premium Reimbursement

Submit Benefits Card Supporting Documents

Repay a Reimbursement

View Statements

Get a Plan Form

Change Investment Allocation

Update Contact Information

Update Covered Individuals

Investment Holdings

HRA VEBA Conservative Portfolio

\$22,635.80

100%

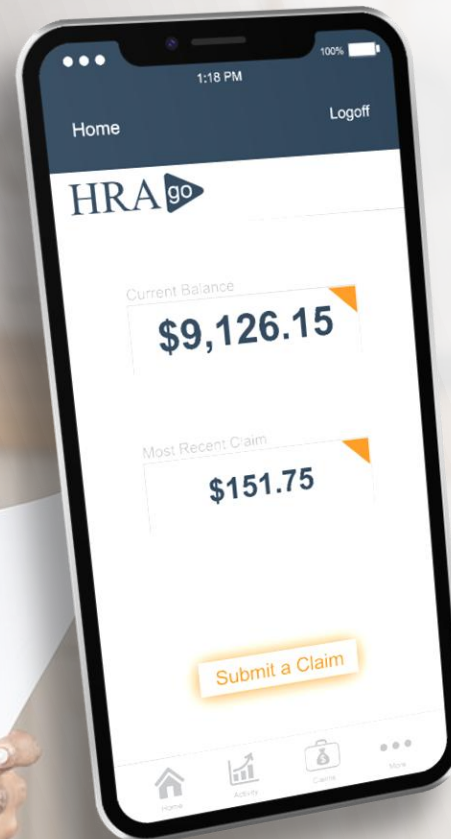
Estimated Tax Savings*

\$7,390.59

*Based on your available account balance. Assumes 25% federal income tax and 7.65% FICA taxes. For illustrative purposes only. Your actual tax savings will vary based on your personal tax situation.

Digital Services

HRAgo® mobile app



- Stay connected anywhere
- Easily submit claims
- Toggle between accounts

Digital Services

Debit card

- Quickly pay for medical items and services
- Skip submitting documentation (certain transactions)
- Get almost instant mobile app notice when documentation is needed





Key Takeaways

Why HRA VEBA Plan?

HRA VEBA Plan

Don't settle for less

Proven Track Record

- One of the nation's first funded HRA programs with 40+ years of experience

Proprietary System

- The first and only platform of its kind for account-based health plans

Best-in-class Technology

- Paperless enrollment, online claims submission, debit cards, and mobile app

Award-winning Customer Care

- Recognized annually as a Center of Excellence since 2015



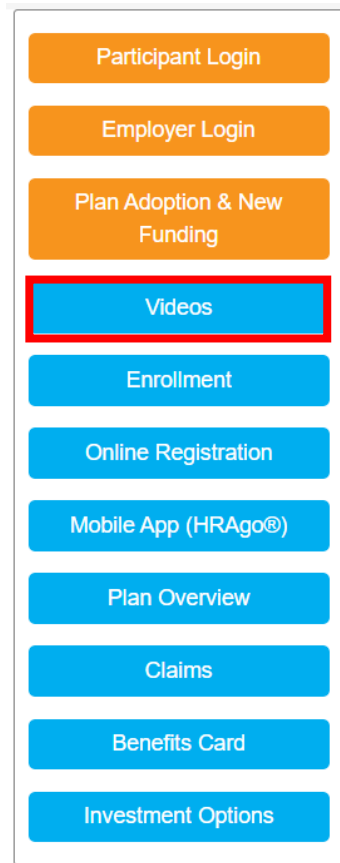
High satisfaction

- Excellent participant and employer survey results

Extended Survivor Benefit

- Unused balances may transfer to non-dependent heirs

Video Library



Take some time to click through these short videos. They contain a wealth of information to help you understand and get the most out of your HRA VEBA Plan benefit.



Welcome! HRA Overview

**Online Registration
Instructions**

How to File a Claim

**Supporting Documentation
for Claims (*and Benefits
Card transactions*)**

Using Your Benefits Card

**How to Set Up an Automatic
Premium Reimbursement**

**How Your HRA Coordinates
with Other Benefits**

Thank You

- Questions- please reach out to AFSCME 189 leadership
- Upcoming Informational Sessions
 - October 30- 11:30-12:30- Zoom
 - November 4- 11:30-12:30- 1900 SW 4th Avenue
 - November 5- 7:00-8:00 pm- Zoom
 - November 12- 11:30-12:30- Zoom
 - November 13- 11:30-12:30- Police or Revenue (TBD)
 - November 19- 11:30-12:30- 1120 SW 5th Avenue

